



May

Learning in Bloom

-  Try this
-  Learn
-  Notice
-  Connect

Monday

Tuesday

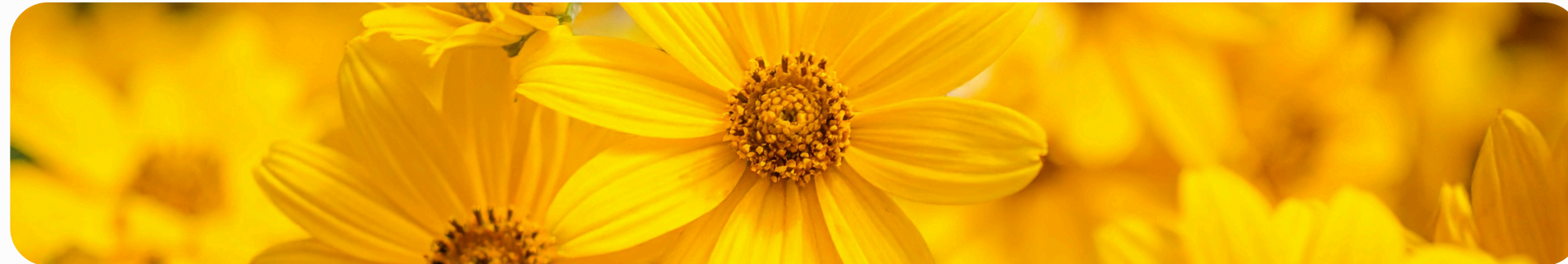
Wednesday


Thursday


Friday


Saturday


Sunday





 NALA Level 1 Writing Course
<https://www.learnwithnala.ie/> **1**


 Spend time outdoors **2**


 Take a few minutes today to pause, breathe, and reset **3**

 Help someone understand message or form **4**


 Learn more about financial literacy in Ireland here **5**

 Share a helpful service or support resource **6**

 Explore Citizens Information service in your area **7**



 FREE Course Let's Talk About Literacy **8**

 Try MABS My Financial Healthcheck **9**

 Explore Wicklow Libraries events here **10**



 A Guide to money: managing it and keeping it safe **11**





 Discover available courses in Kildare and Wicklow ETB here **12**



 Let someone know support is available **13**


1 800 20 20 65

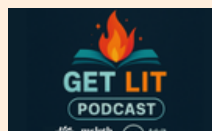
 Save Plain English guide to environmental terms **14**



 Hello, How are you? campaign Learn more here **15**




 Listen to GetLit Podcast Episode 3 here **16**





 Try HSE Health App **17**


 Explore Kildare Libraries events here **18**





 Explore Maths Workbook **19**





 Write down one thing you are proud of this week **20**

 Age Action help Digital Literacy for elderly people **21**

 Taking regular breaks can help concentration and reduce stress **22**

 Notice what helps you slow down and focus **23**


 Explore and save the New English-Irish Online Dictionary **24**

 Take a walk with someone and enjoy a simple conversation **25**

 Learn more about Age Friendly Initiatives **26**

 Choose NALA Course and start learning **27**



 Take a moment to reflect- every step forward matters! **28**

 Listen to Mental Health Ireland Podcast here **29**

 Prepare for summer with budgeting support from MABS **30**



 See how Literacy Changes Lives **31**

